

‘My lack of voice’: human-centred recordkeeping and the MIRRA project

Elizabeth Shepherd

Project blog: <https://blogs.ucl.ac.uk/mirra>

The MIRRA Research Project

- A two-year Arts and Humanities Research Council funded project, exploring information rights and responsibilities in child social care records.
- Led by University College London (UCL) from the Department of Information Studies and in partnership with the Care Leavers' Association.
- A short film: <https://www.youtube.com/watch?v=xs28tczL3yA>



Protecting the memories, identities, voices and rights through time of care experienced and adopted people

Professor Elizabeth Shepherd – PI
Dr Elizabeth Lomas – Policy Lead
Dr Anna Sexton – Initial Concept and Co-I
Dr Victoria Hoyle – Research Associate
Dr Peter Williams – Research Associate

MIRRA

Memory – Identity – Rights in Records – Access



Arts & Humanities
Research Council



MIRRA
project team:
Memory –
Identity –
Rights in
Records –
Access



What are the mechanisms and processes currently in use? Do they serve people's needs? How could they be improved?

Accessing records

Support and services

What support is currently available in relation to social care records? What should support look like? How could it be provided?

Redaction of third party information

Who decides what can be disclosed? How are such decisions made and justified? Is it possible to better support care leavers' needs for this information?

Key questions

Language and content

How can the difficult and hurtful contents of care files be shared? What is the role of contextual information?

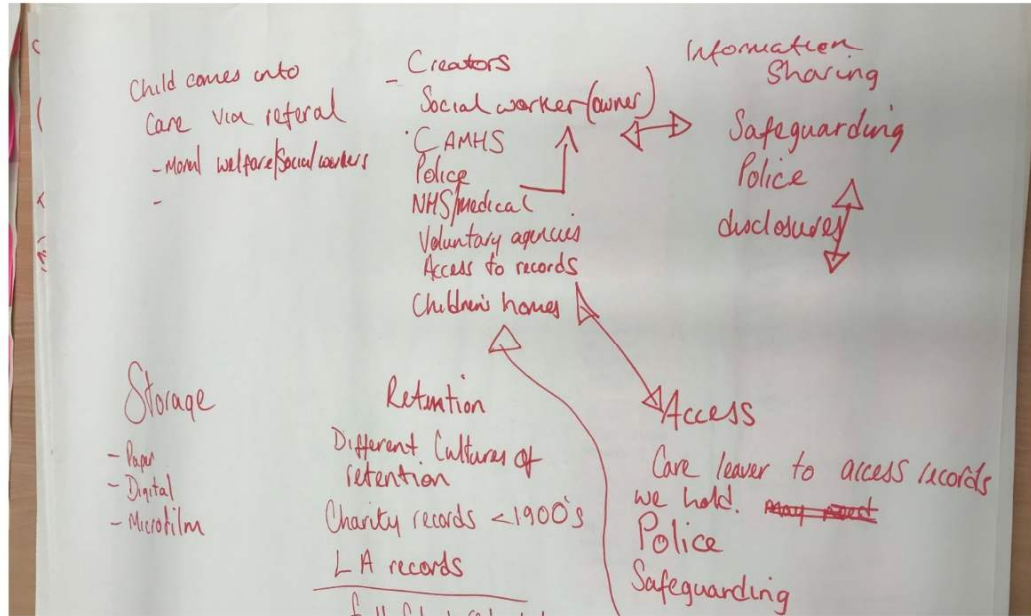
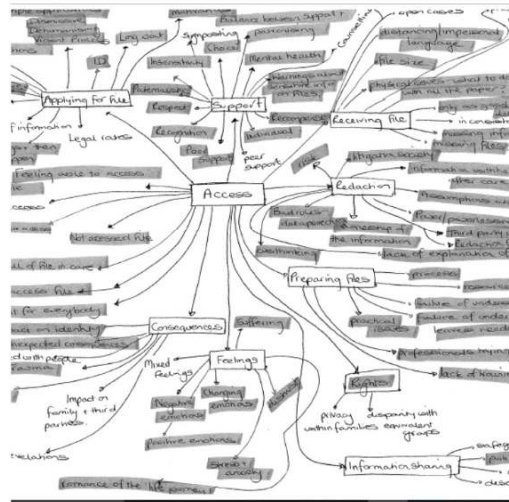
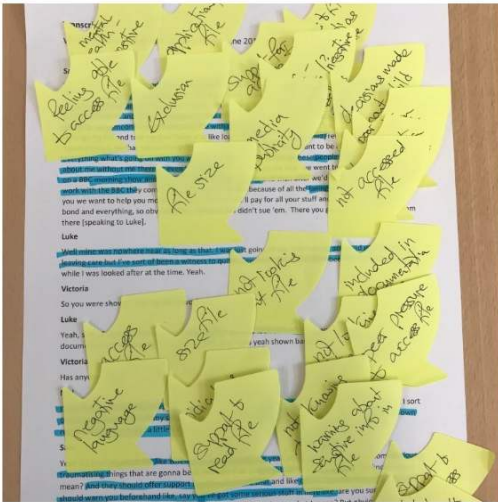
Memory and identity

Why are care records valuable for memory and identity? How could this value be increased?

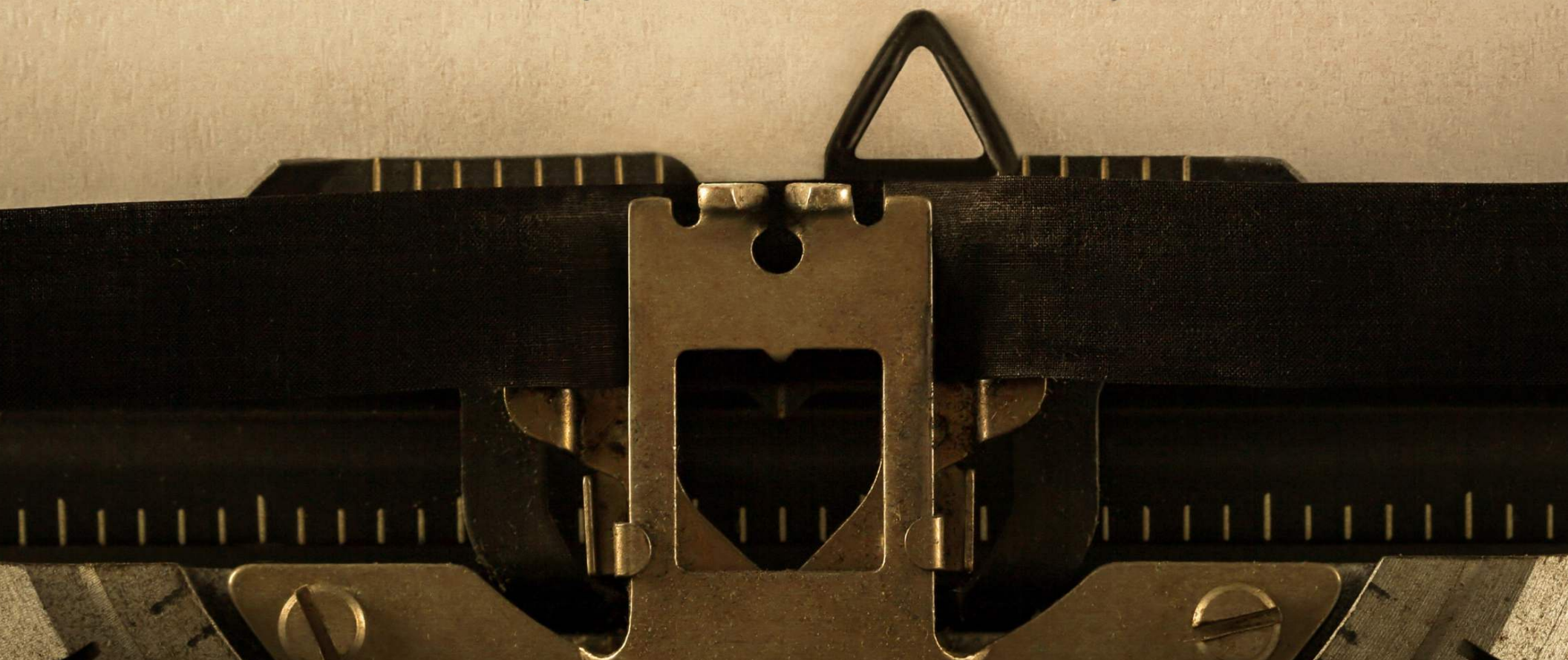
Recordkeeping practices

How has social care recording changed? How will the shift to digital systems impact on information rights in the future?





Everyone has a story



‘I think we have organisations that just don’t understand why older care leavers come back to access their files, they just don’t understand it, because there’s no culture of recognition of the life experiences of someone in the care system. ...there’s a cultural deficit... there’s a deficit in terms of the understandings of why an individual wants to access their file. We’re simply interested in people being able to access their history and reclaim some element of their past because it *matters* to them.’

Darren



‘There came a point where I wanted to know where I’d been, I wanted to know who’d fostered me, because there was little chunks of my life missing, like where I’d gone to school? Did I have any friends? How long was I there? And then somebody mentioned to me ‘Why don’t you get your files?’, ...that’s what spurred me on to do it, because I wanted to know, I wanted to fill in these bits that were missing in my life. That’s why I did it.’

Gina

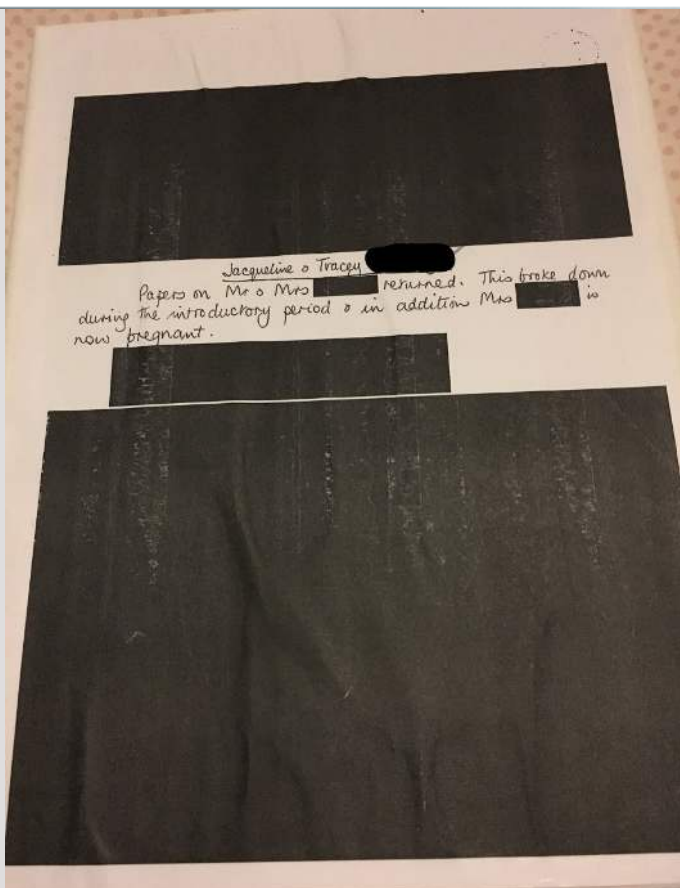
‘What I wasn’t prepared for was the language. The absolutely terrible language, the way that I was written about. I just can't imagine myself writing like that about a distressed, traumatised child... any time you’re writing about a child always think that child could go back and read that, and really think about how you're writing stuff, because words are so powerful. The way you write about kids, that follows them... what they write could affect the rest of that person’s life.’



Linda

‘One of the most profound things for me about the file, and it screams the loudest, is my lack of voice. And I just appear, my scrawled out writing, on like page 52. My voice is totally stolen and words are put in your mouth, saying this is how you feel about certain occasions and certain people, and at times there’s conflict with what I believe.’ [John-George]





There's other pieces of paper that are just blacked out, and there's absolutely nothing on them and you just look and think 'why have you given me that piece of paper?' What's it actually telling me? And then there's other pieces of paper where there's just a sentence in there. And I'm looking at it ... and all it's showing me is I've been rejected again.

Jackie



‘I think local authorities need to be less fearful of being honest about what’s in the file, and be honest about what they’re redacting and be clear about why they’re redacting stuff, because I think it's a bit of a myth that all care leavers are trying to sue local authorities. Most people are probably quite heart broken when they read their files and so saddened, they haven’t got the energy. That wasn’t what I wanted at all, and most people don’t think like that.’

Rosie

UCL INFORMATION STUDIES

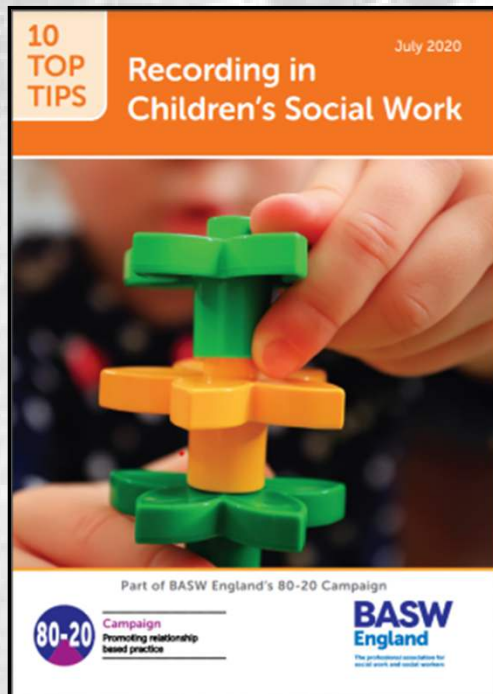


MIRRA project themes

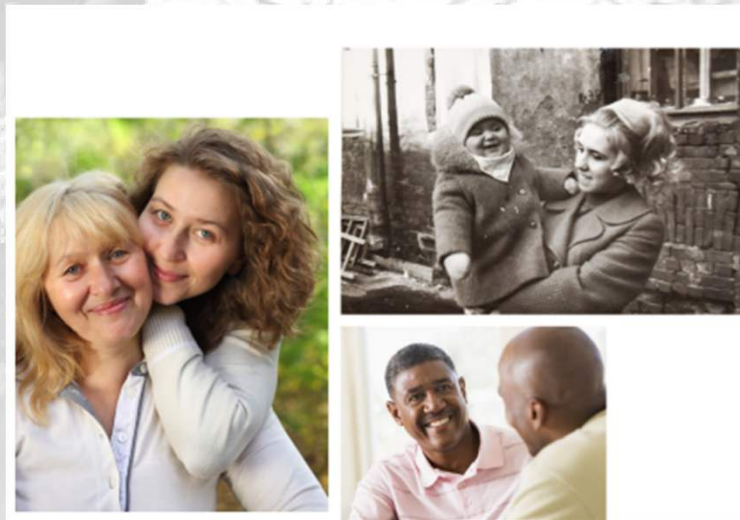
MIRRA Project Actions

- 1. Support care leavers' rights to information, memory and identity.**
 - Through the creation of access to useful resources.
- 2. Influence public policy debates about social care records.**
 - Through a brief targeted at influencers and decision-makers.
- 3. Support professionals in their recordkeeping responsibilities.**
 - Through the co-production of a recordkeeping framework.

MIRRA outputs



<https://www.basw.co.uk/resources/recording-children>



FamilyConnect

FamilyConnect helps adults who have been adopted or in care find answers to questions about their origins.

Finding out about your background and family members can help you understand inherited health risks, make important life choices and understand more about why you were separated from your birth family.

Lots of people aren't aware of their legal rights when accessing their birth and care records, or what they can expect to receive and how to go about searching for information in the first place.

Family Action's FamilyConnect website helps people explore these issues, providing information, guidance, support and signposting to help. Developed with the insight and leadership of experts David Holmes CBE, Julia Feast OBE, University College London's MIRRA project and the Care Leavers' Association.

<https://www.familyconnect.org.uk/>



Principles for Caring Recordkeeping in Child Social Care

First principle

Care-experienced people (children, young people and adult care leavers of any age) should be able to participate in every stage of child social care recordkeeping, if they choose; including

- the creation of records while they're in care
- management of records during the period of retention, and
- the provision of access to records at any stage of life.



Archives & Records
Association
UK & Ireland

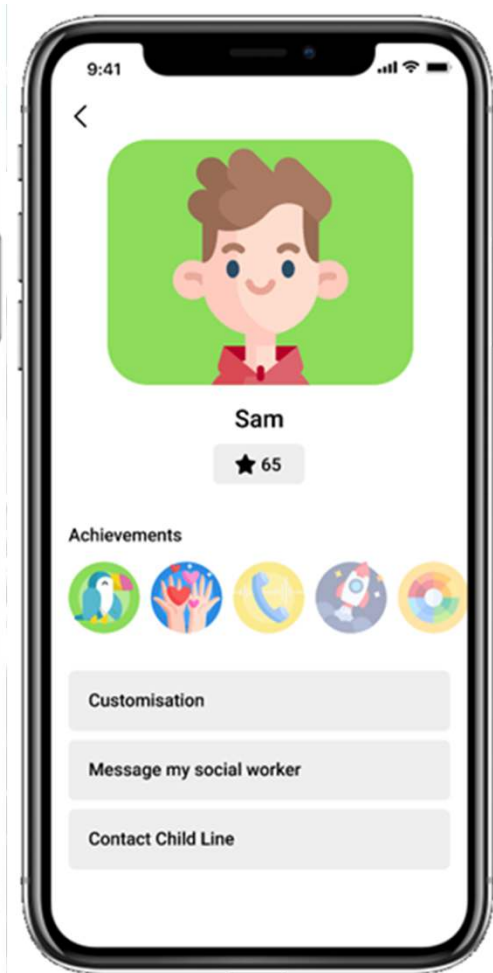
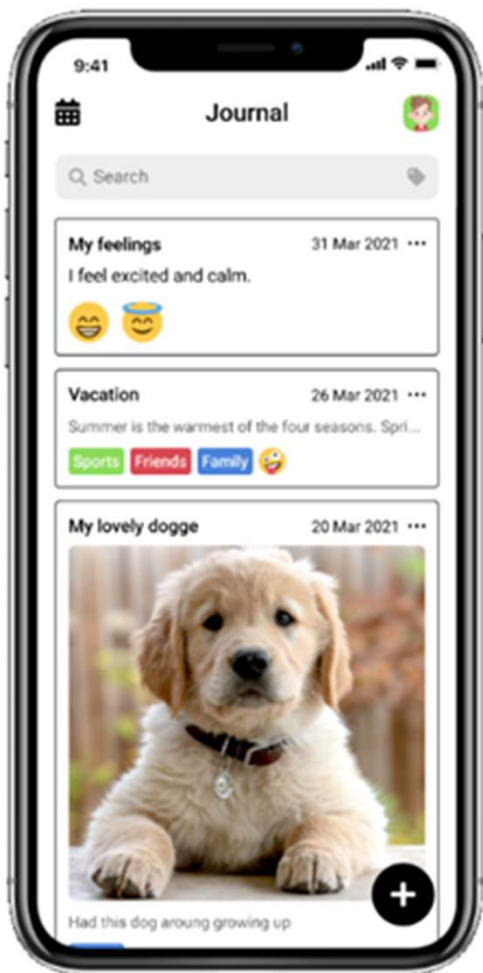
**Chief Archivists in
Local Government Group
(CALGG) of the Archives and
Records Association (UK and Ireland)**

**The records of adopted and
care-experienced people - good practice
guidance for record-keepers and care
professionals (England and Wales)**

The Archives and Records Association (UK & Ireland), The Keep, Creech Castle, Taunton, Somerset, TA1 2DX

www.archives.org.uk

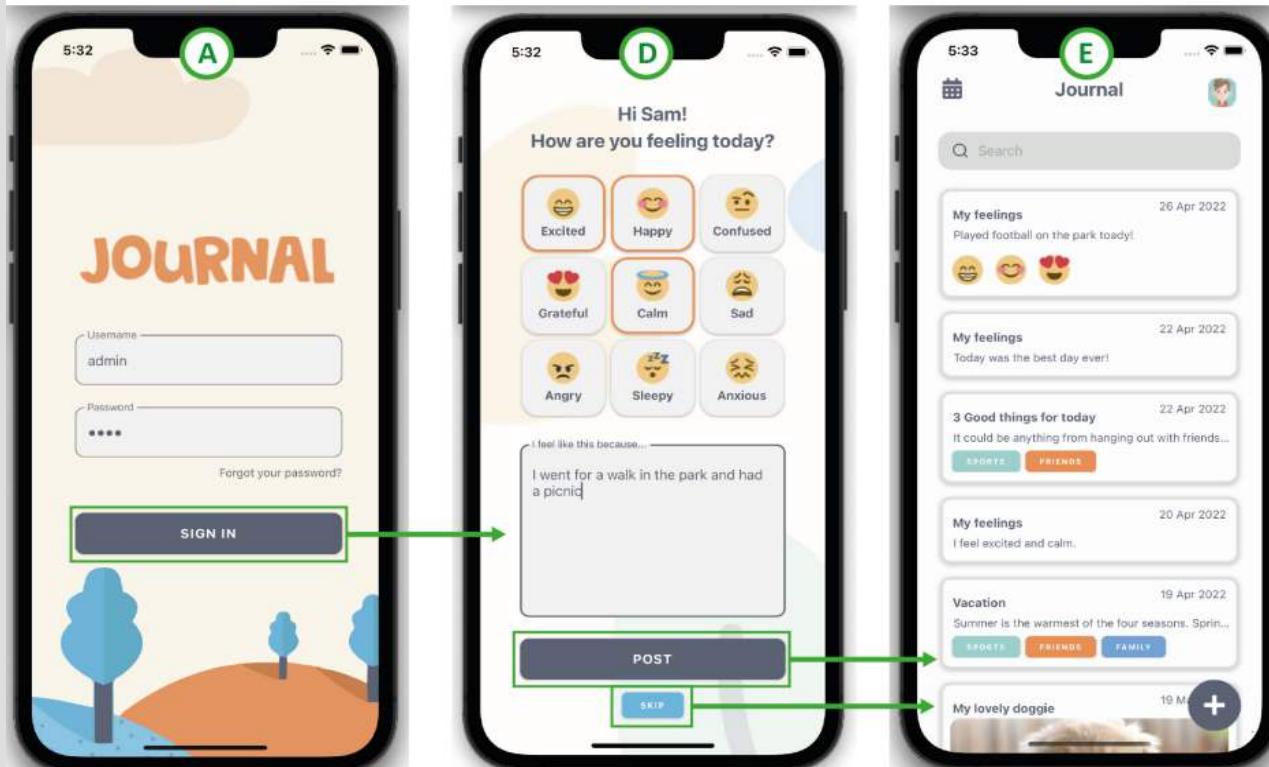
February 2024



MIRRA
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MIRRA+ (2020-2021)
#mirra @mirraproject

Login Screen(A) → Greeting Screen(D) → Journal Feed Screen(E) flow



coram·i
Insight • Innovation



Empowering children in care to own their stories forever

Storyteller is a place where content can be collated and curated for, with and by children in care. Anyone important to the child can upload images, record videos and audio voice clips plus write or dictate personal letters, for the child at the centre to own forever.

As children in care can often be looked after by different people throughout their childhood, as they grow older they may find it challenging to form and retain strong memories, which can be detrimental to their mental health, self-confidence and sense of identity.



All content stored in a secure cloud-based environment



Innovate UK
EDGE

My life, my records: Child-centred social care record keeping and access symposium

- [My life, my records: Child-centred social care record keeping and access Tickets, Thu 10 Apr 2025 at 09:30 | Eventbrite](#)
- Free in person seminar at UCL on 10 April brings together researchers and social care practitioners

Keynote speeches by Essex Children in Care Council (Missing Chapters Peer Led Research), MIRRA (University College London), Copenhagen University College and Dr Joanne Evans, Monash University, Australia.

UCL
6TH JUNE

MEMORY
IDENTITY
INFORMATION
RIGHTS

Everyone has
a story

THERE
WERE
GAPS
IN MY
HISTORY

THAT I WANTED
TO FILL
IN

ACCURACY

TRANSPARENCY

What
happened
to you
when
you
were
a child

YOU NEED
TO BE
EMOTIONALLY
READY

TO DEAL
WITH THAT

WITHOUT
IDENTITY
THERE
IS
NO LIFE

IT'S
NOT
JUST
A PAPER

its
my life

PARTNERSHIP
SUPPORT

Influence
Public Policy
Debates

IT IS ABOUT
UNDERSTANDING
YOURSELF

Keep Adapt Bin
RECORDS
BECOME
PEOPLE'S
HISTORY

GUIDANCE
LANGUAGE
ACCESS
ADAPT
TO TECHNOLOGY
SKILLS
AND
TRAINING

INDIVIDUAL
PRIVACY

we
love
care

ACCOUNTABILITY

CONSISTENCY

IN ACCESS
TO RECORDS

CHILD
SOCIAL
CARE

PROFESSIONAL
RESPONSIBILITY

BETTER
COMMUNICATION

information
has
changed

care Leavers
for a
better
world

we need
to know
the NEEDS
OF THE
PEOPLE
THAT
WE ARE
SERVING

WHAT
IS THE
IMPACT
ON THE
CHILD

the
Protection
of
information
is very
IMPORTANT

in
child
care

IT IS ABOUT

Working
Together

HOW SHOULD WE
APPROACH CALLING SOCIAL
RECORDS?

Family

connect
life stories
work

MIRRA
Project

CARE
Leavers

WE NEED
TO UNDERSTAND
WHAT
CAN BE
DISCLOSED

SHARE
PRACTICE

WE ARE
WORRIED
ABOUT
SHARING
INFORMATION

HOW COULD
RECORDS
BETTER
SERVED?

RETENTION
OF
RECORDS

HOW LONG
THEY
CAN BE
KEPT

THERE
IS A LOT
OF
REGULATION
LEGISLATION

CREATE
NARRATIVE

We don't
want
to miss
your
Voice



~MORE THAN MINUTES~



References:

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